



UNIVERSITÉ DE
MONTPELLIER



UNIVERSITEIT VAN PRETORIA
UNIVERSITY OF PRETORIA
YUNIBESITHI YA PRETORIA



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LAVAL

FOODS PhD Platform – Field School in Quebec City

October 29 – November 6, 2025

Training site: Laval University – Service Pavilion

- **Address:** 2440 Hochelaga Blvd, Quebec City, QC G1V 0A6
- **Conferences:** Room 1724
- **Lunch:** Culinary Complex
- **Facilitators:** Yves Desjardins and Karen Lambert Cordillac

BÉNÉFIQ Venue: Cruise Terminal (Port of Quebec), 84 Rue Dalhousie, Quebec City, QC G1K 4C4

How can we optimize food systems to improve public health and reduce inequalities?

Wednesday, October 29 2025		
Time	Activity	Speakers / Facilitators
9:00	Welcome Session	
10:00	How to Work in Interdisciplinarity	Marie-France Gévry
11:00	Healthy Break	
11:15	Group activities:	
	Group 1: Campus Tour and Social and Environmental Responsibility Pathway	Daniel Forget
	Group 2: Visit of INAF laboratories / Food Technology Laboratory	Pierre-Luc Plante and Steve Labrie
12:30	Lunch	
13:30	Group activities:	
	Group 1: Visit of INAF laboratories / Food Technology Laboratory	Pierre-Luc Plante and Steve Labrie
	Group 2: Campus Tour and Social and Environmental Responsibility Pathway	Daniel Forget
14:45	Healthy Break	
15:00	Towards Food Sustainability: Université Laval's Approach	Annie-Pier Mercier
15:30	Teamwork Session Group Organization and Presentation Preparation	
18:00	Welcoming Reception Desjardins Pavilion (room 4516)	



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Thursday, October 30 2025

Time	Activity	Speakers / Facilitators
9:00	The Canadian Food Ecosystem	Renée Michaud, Lucie Beaulieu and Virginie Faucher
10:30	Healthy Break	
10:45	The Ecological Transition of Food Systems – From Theory to Practical Examples in the Livestock Sector	Pascal Genest-Richard and Sébastien Fournel
12:00	Lunch and Visit 12:00: Group 1: Visit of the Clinical Investigation Unit 13:00: Group 2: Visit of the Clinical Investigation Unit	Benoît Lamarche
13:30	Understanding and Transforming Local Food Systems: Levers, Challenges, and Avenues for Action	Marie-Claude Roy and Julie Lauzière
14:30	Healthy Break	
14:45	Eco-Efficient Pathways to Operationalize Sustainability in the Food Processing and Foodservice Sectors	Sergey Mikhaylin
15:45	The Future of Proteins: Diversity, Opportunities, Challenges, and Consumer Acceptance	Alain Doyen
17:00	Networking Cocktail Lobby of the Comtois Pavilion	
19:30	Group dinner Desjardins Pavilion (<i>Le Pub Universitaire</i>)	

Friday, October 31 2025

Time	Activity	Speakers / Facilitators
9:00	How to Support the Improvement of the Food Supply's Quality and Accessibility	Véronique Provencher, Marie-Ève Labonté and members of the Observatory of Food Offer Quality
10:30	Healthy Break	
10:45	Practical Workshop on Quebec's Food Supply Quality	Please bring a food item from your country, with the label clearly visible
12:30	Lunch (Traditional Quebec Dishes)	
13:30	Exploring the Link Between Local Food Procurement and Overall Diet Quality: Results from the NutriQuébec Project	Marianne Rochette
14:00	Quebec's Food Heritage: Research Overview and Perspectives	Laurier Turgeon
15:00	Teamwork Session	
17:30-21:30	Discover Quebec Cuisine: Workshop and Dinner	Bénédicte Allam Ndoul and her teams



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Saturday, November 1 2025

Time	Activity	Speakers / Facilitators
9:00	Departure by School Bus to the Grand Market of Quebec City	
10:00	Visit of the Grand Market of Quebec City and Culinary Workshop	
Afternoon	Guided Tour of Old Quebec	
18:00	Group dinner in Old Quebec Bistro le Sam, Fairmont Le Château Frontenac	

⚠ Clocks go back overnight from Saturday to Sunday.

Sunday, November 2 2025

Time	Activity	Speakers / Facilitators
Morning	Free Time	
12:30	Departure by School Bus to the Jacques-Cartier National Park	
Afternoon	Hike at Jacques-Cartier National Park	
16:30	Return by School Bus to the Hotel	

Monday, November 3 2025

Time	Activity	Speakers / Facilitators
9:00	The Role of Law in Sustainable Food Systems	Geneviève Parent and Tom Ignacchiti
10:00	Healthy Break	
10:15	Food security and food policies	Samuel Godfroy
11:15	Break	
11:30	Equity on the Plate: Addressing Food Inequality in What and How We Eat	Élise Carbonneau and Marianne Rochette
12:30	Lunch	
13:30	Putting Social Justice and Equity at the Centre of Food Systems Transformation: Perspectives from Africa.	Tafadzwanashe Mabhaudhi
14:30-21:00	Teamwork Session and Dinner on site	



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Tuesday, November 4 2025

Time	Activity	Speakers / Facilitators
9:00	Sustainable Diet for Sustainable Health	Benoît Lamarche
10:00	Healthy Break	
10:15	Policies for Sustainable, Healthy, and Equitable Food Systems: Global Reflections	Lana Vanderlee
11:15	Teamwork Session	
12:30	Lunch	
13:30	Teamwork Presentations	Top 2 Teams Selected to Present at BÉNÉFIQ (Nov 5 at 10:30)
16:15	Departure by School Bus to BÉNÉFIQ (Port of Quebec)	
17:00	BÉNÉFIQ Opening Cocktail Party	
19:00	Return by School Bus to the Hotel	

Wednesday, November 5 2025 - BÉNÉFIQ

Time	Activity	Speakers / Facilitators
8:30	Welcome and Registration	
9:00	Opening Remarks and Conference	
10:00	Science Speaks - Food System Resilience in Canada: Threats or Opportunities	Evan Fraser
10:30	Presentations by Students from the FOODS PhD Platform	Karen Lambert Cordillac
11:00	Next Generation Speak: Inspiring Emerging Talent, Nurturing the Future	
11:30	Next Generation Networking Café (optional, registration required)	
12:30	Lunch	
14:00	Parallel Sessions and Shows	
19:00	Cocktail Reception – Museum of civilization (Musée de la civilisation)	

Thursday, November 6 2025 – BÉNÉFIQ

Time	Activity
8:30 – 17:30	Parallel Sessions and Shows



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